



Northwestern

THE SWALLOWING CROSS SYSTEMS
COLLABORATIVE LAB PRESENTS:

VIRTUAL SWALLOWING
SUPPORT GROUP:
COPING STRATEGIES

WEDNESDAY, MAY 26, 2021

12:00 pm Central Time



Swallowing
Cross-Systems
Collaborative

WHO: Adults (18 yrs+) who experience difficulty swallowing and their personal caregivers.

WHY: Support groups can help bring people together who experience similar difficulties. We are offering this virtual event because we understand the challenges of accessing support groups for reasons including your location, physical disability, or because of pandemic related concerns.

WHERE: A Zoom link will be provided after registration.

Do you want to register for this virtual event?

Please Contact Abigail Nellis for registration link:

847-467-8907

abigail.day@northwestern.edu

**This Support Group is not replacement for medical advice and care. Rather, it is a valuable resource to connect with others with dysphagia and their caregivers.*

This group will be moderated by Abby Nellis, a licensed speech-language pathologist and Dr. Cagla Kantarcigil, a post-doctoral fellow in the Swallowing Cross System Collaborative. Dr. Rebecca Manson, a psychologist, will be present to discuss coping strategies for both people with dysphagia and their personal caregivers.